



# ANAVETS ASSINIBOIA 283

April 2026



*If You Love Your Freedom, Thank a Veteran*



# ANAVETS ASSINIBOIA 283

## Executive Council

<b>Honourary President</b>	<b>Syd Stamper</b>
<b>Past President</b>	<b>Bill Sadler</b>
<b>President</b>	<b>Shirley Lyon</b>
<b>1st Vice President</b>	<b>Susan Paggett</b>
<b>2nd Vice President</b>	<b>Sylvia Shaler</b>
<b>Membership</b>	<b>Shirley Lyon</b>
<b>Entertainment &amp; Special Events</b>	<b>Sandra Blackmore CD</b>
<b>Building &amp; Maintenance</b>	<b>Rob Vosters</b>
<b>Treasurer</b>	<b>Rob Vosters</b>
<b>Secretary</b>	<b>Susan Paggett</b>
<b>Ways and Means</b>	<b>Bill Sadler</b>
<b>Sports</b>	<b>Sylvia Shaler</b>
<b>Lotteries</b>	<b>Bonnie Camphuis</b>
<b>Good and Welfare</b>	<b>Sandra Seal</b>
<b>Service Officer (Acting)</b>	<b>Nicole Young CD</b>
<b>Publicity (Acting)</b>	<b>Joanne Clupp</b>
<b>Over 55 &amp; Retired President</b>	<b>Roger Briand</b>
<b>Sergeant-At-Arms</b>	<b>Mike Ottenbreit</b>
<b>Pipe Major</b>	<b>Bill MacQuarrie</b>

Newsletter Reports

[ANAVETS Assiniboia Unit 283](#)

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# PRESIDENT

*Shirley Lyon*

All accounts have been closed at Scotia Bank.

On February 23<sup>rd</sup>, Syd Stamper, Sylvia Shaler, Lisa and Bryan McGillverary, Sven Leppik, and I met to discuss CVMS fee concerns. It was agreed that they would not be charged rent for any room providing it related to CVMS meetings or fundraisers.

New name tags have been received, and pictures will be taken shortly so we can update the front wall in the entry way.

I was asked to sit on a committee for the cadets who had applied for a higher rank. It was a very interesting process, and all candidates did an excellent job during their interviews. Squadron 191 continues to grow with 130 cadets currently.

Shannon Phillips and Kevin Hull were both approved for Affiliate status. Congratulations to you both and thank you for all your volunteer efforts!

Sadly, Albert Camphuis has resigned from the Executive and as Service Officer. Thank you, Albert, for your consideration and your ongoing support to Unit 283 and your continuing volunteer efforts. Nicole Young has offered to be our Service Officer. I will be holding a byelection and installation at the April general meeting.

Our cleaning company will be done at the end of March and Rob has arranged for a new company to begin April 1st. This process has involved a lot of Rob's time and effort and I thank him for getting everything in place before leaving on his holiday.

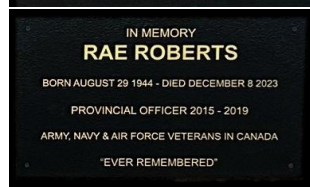
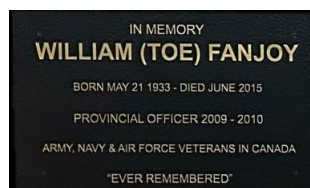
We are still reviewing insurance contracts in hopes of saving even more on our monthly/annual payments.

We received a \$400 donation from the RCMP Retiree's group and also \$1000 from CVMS. We greatly appreciate this support and thank you letters

have been sent.

Provincial Command President Sheldon Clupp installed Bonnie Camphuis to the Unit Executive at our General Meeting March 19<sup>th</sup>. Welcome Bonnie.

Following the General Meeting on March 19<sup>th</sup>, our Honorary President, Syd Stamper conducted the Dedication and unveiling of the Memorial Plaques for William (Toe) Fanjoy, Gord Kent, Rae Roberts and Beryl Torgasows. Members and guests were invited to speak, and it was a very meaningful tribute to the dedication and commitment of these very deserving members that served on Provincial Command. As Len Cook's plaque did not arrive on time his dedication will be held after the meeting April 16<sup>th</sup>.



**DOMINION CONVENTION WILL BE HELD SEPT 19-24, IN VERNON BC AND WE ARE ALLOWED 8 DELEGATES. IF WE CANNOT FILL THESE POSITIONS FROM OUR EXECUTIVE, WE WILL BE ACCEPTING NOMINATIONS FROM THE FLOOR AT OUR GENERAL MEETING APRIL 16TH.**



Shown in the picture, left to right are Anavets Unit #283 President Shirley Lyon and CVMS President Lisa MacGillivray.

# OVER 55 & RETIRED

*Roger Briand*

Greetings from the Over 55 Executive.

Spring has sprung and we are talking Golf. We hope to start golfing Wednesday mornings at John Blumberg by May 6th, weather and course conditions permitting. I will be posting a sign-up sheet for newcomers next week. I will contact all players from last year, so you do not have to sign up again. We hope to see everyone back this year and welcome all new members. You must be a paid-up member of Over 55 to participate.

Friday bowling is winding down. There will be no bowling on Apr 3rd Good Friday. Our playoffs will be April 17th and 24th. Our wind-up luncheon and awards will follow bowling on April 24th at the bowling alley.

Our next Friday Nite meat draw is May 1st. A sign-up sheet is on the bulletin board. We still need an MC and cashier.

The next casino trip is on Wednesday April 22nd. At this point, the bus is filled.

Hope to see you all at the next general meeting on April 14th.

Enjoy the warmer weather.



Good and Welfare:

7 April: Executive Meeting Boardroom 1:00 PM

14 April: General Meeting John Thompson Room  
1:30 PM

1 May: Over 55 Meat Draw



## BINGO

Thursday, 1-4pm

LGCA 2028-B1-36592

All welcome

## BOWLING

Friday mornings 9:30am

September to May

Must be a member of

Over 55's to play



## GOLFING SEASON STARTS MAY 6

*(weather permitting)*

## GOLF

Wednesday mornings

May to September

Must be a member of

Over 55's to play



## Over 55 & Retired Executive

Past President

President

Vice-President

Treasurer

Secretary

Phone Committee

Club Events Coordinator

Bingo & Charitable

Donations Coordinator

Sports

Sick and Visiting

Membership

Gord Ayotte

Roger Briand

Lisette Madsen

Terry Hickman

Marilyn Krebs

Claudette Leclair

Teresa Dobson

Lisette Madsen

Roger Briand

Ron Reader

Sharon Bugden

# MEMBERSHIP

*Shirley Lyon*

Current membership is 661, with 16 new members just in the second Quarter.

Shannon Phillips and Kevin Hull applied for Affiliate status, were approved by the Executive, and later received member approval at the General meeting on March 19, 2026. Congratulations to Shannon and Kevin and thank you for your ongoing volunteer efforts. Shannon has proven to be an adaptive learner with regards to processing new members and renewals! Thank you, Shannon.

At the General Meeting on March 19<sup>th</sup>, Bonnie Camphuis was installed on the Executive.



# THANK YOU!

## A big thank you shout out to Murky Waters!

They came and broke up the ice covering the sewer drain in the parking lot, so the water was free to run into the sewer. The owner of Murky Waters is Perry Whitesell's son, and he asked them to assist which they did.

Thank you, guys. If you ever need this type of work done, please consider giving them a call!



## Weekly Member Draw (use current year's membership)

### Join the fun and win some cash with the Weekly Member Draw!

To participate, all you need is a loonie and your member number. Write your name and member number on the clipboard and on an envelope. Place a loonie inside the envelope and drop it in the wooden box. Every Saturday morning, we use a random software to select a number. If it matches yours, you win the prize! Remember, you must play to win. If your number is chosen and you didn't play, you miss out. Don't forget to check the posting board at the bar to see who won the prize amount.



## BECOME A MEMBER What Are You Waiting For?

# Join Today!

# MEMBER SPOTLIGHT

*Donna Simm*



Donna became a member of ANAVETS Unit 283 in 2022. She can often be seen at the Saturday meat draws sitting in the games room with Wendy Hodgins enjoying a glass of wine. Her family has joined her at our Unit several times. Donna has supported the fundraising efforts of the last two annual Craft Sales by generously donating baking and preserves.

Donna's father was in the Navy during World War II, having been deployed out of Halifax, Nova Scotia.



Donna's father in his Navy uniform 1942.

Donna worked for the City of Winnipeg for 32 years in the Operations Department where she met her future husband and retired from the Water and Waste Department. Upon retirement, she started volunteering for the City of Winnipeg Retirees' Association.



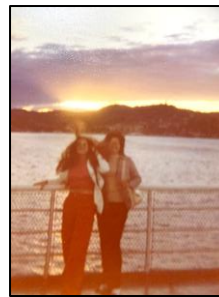
Donna's husband Ken at Parksville Beach 2015.

Donna has one daughter, a grandson and a granddaughter. Kathy, Donna's daughter, and her husband Denis bought his parents' farm in St. Laurent, making them third-generation farmers.



Donna's grandchildren at the Sandcastle competition at Parksville Beach 2018.

Donna grew up in Charleswood and still resides in that municipality. Every year the family would drive to Vancouver Island to visit her husband's family; their daughter enjoyed spending time with her grandparents and cousins. Upon retirement, they would spend most winters on the West Coast. The first year she drove out with her husband, it was a scenic tour stopping and sight seeing. After that, it was driving straight through, 24 hours to Horseshoe Bay to catch the ferry.



First ferry ride to Vancouver Island with her friend Rose.

Over the years, Donna has played a number of sports -- baseball, bowling, curling and golf. Curling started at a young age with Jam Pail Curing outdoors at the old Charleswood Legion. She

then joined the Charleswood Legion's Sunday league and curled

in a number of bonspiels. The Charleswood Legion had a bowling league in which she bowled for a number of years. She played baseball in a women's league for a few years, winning their first tournament at Charleswood in Motion in 1977.

Donna's parents owned a cabin on the Red River at Breezy Point, and she enjoyed fishing with her dad.



Winning their first Baseball Tournament at Charleswood in Motion 1977.



Successful fishing on the Red River in November 1974.

# SPORTS

*Sylvia Shaler*

We had two teams for the Command Curling Bonspiel March 6, 7 and 8<sup>th</sup> in Brandon. The team of Rick Furney were runners up in the C Division. We had five teams going to the Biathlon on March 21<sup>st</sup> at Rockwood Unit #303.

We had the cue sale March 14<sup>th</sup>. We had a good turn out and we sold all 18 cues for a total of \$605.00. Thank you to Art Cabel and Al Senkiw for helping appraise the cues. Thank you to Bill Sadler for announcing at the meat draw that there were two cues left over from the sale. This resulted in us selling them both, again thank you everyone for all your help.

The next Sports Meeting is April 7, 2026, at **6:30PM**, hope to see all Sports Chairs out.



The next event is the Triathlon on April 11, 2026, hosted by Portage La Prairie Unit #13.

# LADIES SNOOKER

*Candace Stevenson*

Ladies snooker is going smoothly. We're enjoying the games, and the ladies are practicing and getting better. It's nice to see all the ladies enjoying snooker.



## Break-Opens

Sold at our Unit:

In the main lounge

**Friday** : 6pm to 8pm

**Saturday**: 3pm to 5pm

**Monday, Wednesday,  
& Friday:**

In the Bingo Hall

7pm to 9pm

**Thursday:**

In the Bingo Hall

1:00pm to 4pm

LGCA 784-BO-49101

Get your copy  
of the band list on the  
corner of the bar.



# LOTTERIES

*Bonnie Camphuis*

It has been a very busy month at 283 with the Chase the Queen being so high! Thank you to all that come out to support. A special thanks to all the volunteers who help out with the 50/50 and Chase the Queen; without you, we wouldn't be able to run things so smoothly! A huge thank you to you!

I continue to work with staff from the Liquor, Gaming and Cannabis Authority of Manitoba to come into compliance on our many draws and raffles.

Changes are coming to Chase the Queen once this round is won. We will be hosting the Queen on both Tuesday nights and Friday nights. We will need more volunteers so if you are able to help out, please join our team!

We have many exciting things planned for the club in the coming months. If any volunteers are looking for raffles, draws, etc. please reach out to me to ensure we have the proper rules and licenses in place.

I encourage anyone with questions to reach out to me for clarification. I can be reached at [bonniecaphuis@hotmail.com](mailto:bonniecaphuis@hotmail.com) or via cell at 204-299-0424.



## Weekly Cribbage

**Thursday 7:30pm-10pm**

\$5/person (partner cribbage)

**Weekly:**

**50/50 draw**

**Cash prizes for top 4 winners**

**“24” hand, “28” hand**

**And a “29” hand gives you the pot**

**29 pot grows nightly until it reaches \$1000**

**1st Thursday: various draws**

Note: Rescheduled to Wednesday night before the Unit 283 General Meeting.

# Wizard

**Played every Monday  
in the Games Room  
at 1:00pm**



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# ANAF UNIT 283

3584 PORTAGE AVE

## CHASE THE QUEEN of HEARTS

Tickets go on sale

6:45pm to 8:00pm Tuesdays

6:00pm to 7:30pm Fridays

Tickets \$1.00 each



**Tuesday Nights**  
SEPTEMBER TO MAY

**Friday Nights**  
ALL YEAR LONG!

Check our website  
[anaf283.com](http://anaf283.com)  
for pot amount and  
cards remaining.

Payout is 100% of the Pot

MEMBERS AND GUESTS please Play Responsibly.

LGCA 784-RF-50229

CVMS



Lisa MacGillivray

Spring is here!!

March had some exciting events. We had two Fundraising events in March, one being a Craft Fair on 21 March 2026 from 9:00am to 3:00pm in the Stillwell Hall. The second was a Mega Meat Draw/Social held on 28 March 2026 from 7:00pm to 12:00am. This Fundraiser included a Silent Auction, 50/50, light lunch and Mr. DJ – aka Rick Enns for those who like to dance.

As May approaches, we would just like to remind everyone that our last CVMS Meat Draw for the summer will be held on Tuesday 26 May 2026.

Thank you very much for all of your continued support throughout our endeavors.



Scan QR code above to go to CVMS website

# Follow Us on Facebook



Army, Navy and Air Force Veterans Unit 283 Assiniboia

603 followers · 12 following

The Army, Navy and Air Force Veterans in Canada is the oldest Veteran's organization in the Country.

Performance & Event Venue 5 (204) 831-8268



## CVMS Meat Draw

Every Tuesday 7:00pm

4 draws each night

5 prizes per draw, including a bonus prize

Tickets \$1.00 each

LGCA 9505-RF-50333



### Support Veterans — Support ANAVETS Unit #283

Bring your friends, meet new ones, and experience the camaraderie of our vibrant community. Whether you're a veteran, a supporter, or simply curious, you're welcome here.

Together, we celebrate service, foster connection and uphold tradition.

Let's stand together for those who stood for us.



# SHUFFLEBOARD

*Bren Nichols*

Hi Shuffleboard Teams, a few updates regarding the league schedule and our year-end wind-up. Wind-Up Date Change: The league wind-up is now on May 9, not May 16, to avoid conflicts with the long weekend. This change should let more people attend. Please pay Dawn for the banquet if you haven't already. If you are a vegetarian or have food allergies (especially related to Chinese food), Contact me so we can accommodate you.

Practice Opportunities, Ken and Stan Jorowski are available during practice sessions to offer game tips. They're experienced and happy to help—just reach out if you'd like some guidance.

Thank you all for being so adaptable and for making the league enjoyable and fun for everyone.

THANKS EVERYONE.

## Next General Meeting



April 16, 2026  
7:00pm

Must be a member to attend  
Card must be present to sign in

## WAYS AND MEANS

*Bill Sadler*

Spring has sprung and we will soon see the grass turning green and the leaves on the trees budding out and I will be polishing up my golf clubs.

In the meantime, we must do our volunteer work for the Ways and Means portfolio. You ask what is the Ways and Means portfolio? The Ways and Means portfolio are the Saturday afternoon meat draws, 50/50 draws, pastry table and hamper draws. For these draws every Saturday we have teams of volunteers. You ask what are volunteers? Well volunteers are individuals who freely dedicate their time and skills to support causes or organizations significantly impacting community well being and we have volunteer opportunities for all ages.

With the support of these volunteers, your Ways and

Means portfolio has been doing very well, thank you volunteers.

We would like to thank everyone who purchased tickets or helped by working or donating in the Easter Hamper Draw. The winners were Pat Anderson and Carol Alexander.

You have probably noticed the plaque board is filling up. If you would like your name or a loved ones name up under the lights, just go to the bar, ask for a slip of paper, write what you would like to say on your plaque and donate \$100.00 to your club.

Happy Easter to Everyone.



# Dance the Night Away at Assiniboia Unit 283

April 2026		
Thurs	2	Deputy
	10	Tannis T & Diamondbacks
Sat	11	Karaoke Bingo With Wayne
	17	Contraband
Sat	18	Hometown
	24	Ravin

June 2026		
	5	Contraband
	12	Ravin
Sat	13	Contraband - <b>Sock Hop</b> \$5.00
	19	Marvells
	26	Just Us



May 2026		
	1	Just Us
Sat	2	SheQuel Band \$5.00
	8	Tannis T & Diamondbacks
	15	Hometown
Sat	16	Just Us
Mon	18	Deputy - <b>Victoria Day</b>
	22	Deputy
	29	Rockets
Sat	30	Highland Dancer Fundraiser 5:30pm

July 2026		
Wed	1	DJ Wayne - <b>Canada Day</b>
	3	Tannis T & Diamondbacks
	10	Ravin
Sat	11	Rockets
	17	Hometown
	24	Deputy
	31	Rockets

*Shine up your dancing shoes and grab your favourite partner! Check out our list of bands and start planning your next night out.*

Bands subject to change without notice

# Dance the Night Away at Assiniboia Unit 283

## August 2026

Mon	3	DJ Wayne - <b>Family Day</b>
	7	Contraband
	14	Deputy
Sat	15	Tannis T & Diamondbacks
	21	Ravin
	28	Hometown

## September 2026

	4	Tannis T & Diamondbacks
	11	Contraband
	18	Marvells
Sat	19	Ravin
	25	Rockets
September 2026		

## October 2026

	2	Just Us
	9	Ravin
	16	Just Us
Sat	17	Marvells
	23	Deputy
	30	Rockets

## November 2026

	6	Contraband
	13	Marvells
Sat	14	Hometown
	20	Just Us
	27	Ravin







*Don't just sit there step into the rhythm! Join us at Assiniboia Unit 283 and make every night out a celebration.*

Bands subject to change without notice

# REACH 700+ LOCAL READERS EVERY MONTH

**Advertise in the ANAVETS 283 Newsletter**

## Why Advertise With Us

-  600+ digital copies emailed monthly
-  100+ print copies available in-house
-  11 issues per year (*July & August combined*)
-  Online exposure for extended visibility

**RESERVE YOUR AD SPACE TODAY**  
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*Your business belongs here - let's get you seen*

# April 2026

## Saturday Meat Draw Starts at 3:00pm







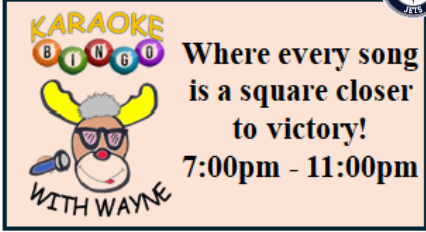

Date	April 4	April 11	April 18	April 25
MC	Donna Hartie	Bill Sadler	Linda Oleschuk	David Barham
Cashier	Linda O'Brien	Barb Sadler	Mary Lou Talmage	Deb Dodd Hemlow
Ticket Seller	Linda Messervey	Judy Reed	Sharon Bugden	Bernice Kwasnicki
Runner	Lisette Madsen	Darlene McWilliams	Bea Aymont	Kandia Sarides
Runner	Kandia Sarides	Rowan McWilliams	Cheri Chowen	Cheri Chowen
50/50 Seller	Brenda McLeod	Brenda McLeod	Linda O'Brien	Jan Dowling
Pastry Table	Lorraine McLean	Louise Russell	Marjorie Hnydiuk	Claudette Ottenbreit
Pastry Table	Sandra Seal	Eileen Pollock	Bev Cronin	Lynda Patterson
Drum	Dunc Manson	Weldon Hiebert	Wilf Betts	Pat Parago
Drum	Mike Ottenbreit	Les Boyce	Roger Briand	RG Hemlow



**THANK YOU TO OUR FABULOUS VOLUNTEERS**



Sunday	Monday	Tuesday	Wednesday
			<p>1</p> <p>Cribbage 7:30pm</p> <p>Bingo 7:00pm</p>
<p>5 Easter Sunday</p> 	<p>6</p>  <p>Wizard 1-4pm</p> <p>Bingo 7:00pm</p>	<p>7</p> <p>Wpg West Cribbage 1-4pm</p> <p>55+ Executive Mtg 1:00pm</p> <p>CVMS Meat Draw 7:00pm</p> <p>Chase the Queen 6:45pm</p>	<p>8</p> <p>Bingo 7:00pm</p>
<p>12</p>	<p>13</p>  <p>Wizard 1-4pm</p> <p>Bingo 7:00pm</p>	<p>14</p>  <p>55+ General Mtg 1:30pm</p> <p>CVMS Meat Draw 7:00pm</p> <p>Chase the Queen 6:45pm</p>	<p>15</p> <p>Cribbage 7:30pm</p> <p>Bingo 7:00pm</p>
<p>19</p>	<p>20</p> <p>Wizard 1-4pm</p> <p>Bingo 7:00pm</p>	<p>21</p> <p>CVMS Meat Draw 7:00pm</p> <p>Chase the Queen 6:45pm</p>	<p>22</p> <p>Bingo 7:00pm</p>
<p>26</p>	<p>27</p> <p>Wizard 1-4pm</p> <p>Bingo 7:00pm</p>	<p>28</p> <p>CVMS Meat Draw 7:00pm</p> <p>Chase the Queen 6:45pm</p>	<p>29</p> <p>Bingo 7:00pm</p>

Thursday	<b>RED shirt on Fridays!</b>  Friday	Saturday
<p>2 </p> <p>55+ Bingo 1:00pm</p> <p>Sports Meat Draw (Men's Snooker) &amp; Pipe Band 50/50 <b>6:15pm</b></p> <p>Band 8:00pm: Deputy</p>	<p>3</p> <div style="text-align: center;">  </div>	<p>4 </p> <p>Meat Draw &amp; 50/50 3:00pm</p>
<p>9 </p> <p>Unit Executive Meeting 7:00pm</p> <p>55+ Bingo 1:00pm</p> <p>Cribbage 7:30pm</p>	<p>10 Chase the Queen 6:45pm</p> <p>Sports Meat Draw (Curling) &amp; Pipe Band 50/50 <b>6:15pm</b></p> <p>Bingo 7:00pm</p> <p>Band 8:00pm: Tannis T &amp; Diamondbacks</p>	<p>11 </p> <div style="border: 1px solid black; padding: 5px; text-align: center;">  </div> <p>Meat Draw &amp; 50/50 3:00pm</p>
<p>16 </p> <p>55+ Bingo 1:00pm</p> <p style="text-align: center;"><b>General Meeting</b> <b>7:00pm</b></p>	<p>17 Chase the Queen 6:45pm</p> <p>Sports Meat Draw (Masters) &amp; Pipe Band 50/50 <b>6:15pm</b></p> <p>Bingo 7:00pm</p> <p>Band 8:00pm: Contraband</p>	<p>18</p> <p style="text-align: center;"><b>Saturday Band</b> <b>Band 7:00pm: Hometown</b></p> <p>Meat Draw &amp; 50/50 3:00pm</p>
<p>23</p> <p>55+ Bingo 1:00pm</p> <p>Cribbage 7:30pm</p>	<p>24 Chase the Queen 6:45pm</p> <p>Sports Meat Draw (Ladies Snooker) &amp; Pipe Band 50/50 <b>6:15pm</b></p> <p>Bingo 7:00pm</p> <p>Band 8:00pm: Ravin</p>	<p>25</p> <p>Meat Draw &amp; 50/50 3:00pm</p>
<p>30</p> <p>55+ Bingo 1:00pm</p> <p>Cribbage 7:30pm</p>		

# BUILDING & MAINTENANCE

*Rob Vosters*

To my fellow Anavets members;

I am currently vacationing in The Netherlands and attending a family reunion on April 4th.

In my absence my duties are being attended to by Albert Camphuis and Don Young. Please take it easy on them, as they are rookies to the position, lol, and my reports will be brief (for a change).

Building and Maintenance, we are on the verge of signing an agreement with River City Ford. Please stay tuned; should be some positive developments to report by the April General Meeting.

Finance, the accounts are certainly moving in the right direction. Our focus on cost reduction is starting to reflect in the numbers, and I expect the quarterly result (end of March) to be even more positive.

I look forward to answering or addressing any questions or concerns regarding financials upon my return April 8th.

Till then, stay safe and continue to support the club in whatever capacity you can.

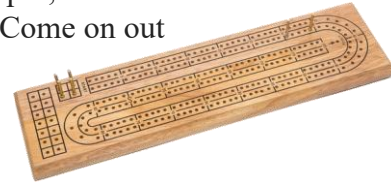


## CRIBBAGE

*Weldon Hiebert & Darlene McWilliams*

The first half of March looked as though spring would never arrive. Cold and snow were the norm until Irish eyes were smiling and winter's icy grip began to melt. St Patrick's Day was celebrated accordingly at cribbage with our version of the "Irish Sweepstakes". The luck of the Irish was with four cribbage players who went home with Irish stew and lovely sacks of po-TAY-tos!

We welcome all Anavets members to join us on Thursdays for an evening of friendship, fun, and a chance to win some money. There are cash prizes for the top four winners, "24" hands, "28" hands, and of course the "29" pot, which is now at \$700.00 and growing. Come on out and try your luck!



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**Come join the fun!**  
**VEGAS**  
**Friday 1 – 3pm**  
**Lounge Area**

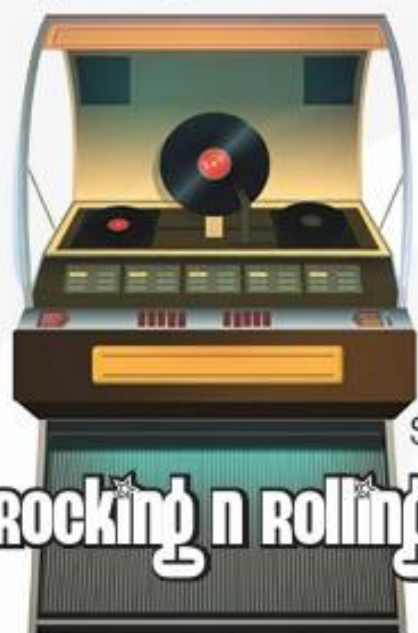
# Forever Young Club MB.

## 29th Annual Fundraising Dance

In support of;



Supporting cardiac kids of Manitoba



**Saturday,**  
**April 25th, 2026**  
**Doors Open: 7:00pm**  
ANAF #283  
3584 Portage Ave.

*Featuring;*  
**REWIND**  
**The Show Band**

Specialty Music by: **Ray & Sheila Wheeler**

Continuous Classic Rock & Roll music from the  
**50's, 60's, 70's & 80's**

**Advance Tickets Only!**

**Members: \$20.00 | Non-Members: \$25.00**

**Cash or eTransfers only please!**

Please call or text Forever Young Club by: **April 21st, 2026**

Text or Call FYC: **204.261.4442** or email: **fycwpg@gmail.com**

# BAR MANAGER

*Bren Nichols*

🍷 A Note from the Bar Manager, Thank you all for your continued support! Your visits, good spirits, and community pride make our lounge a great place to gather, relax, and enjoy time with friends.

We truly appreciate every one of you. To show our thanks, we're excited to offer some great specials:

### 🌟 Beer Bucket Special

2 beers for \$9.00 A perfect pairing for your next game, visit, or night out!

### 🌟 Non-Alcoholic Options

We also offer a wide variety of refreshing non-alcoholic beverages — something for everyone, whether you're staying dry or just looking for a great-tasting alternative.

### 🌟 Great Prices, Always

We're committed to keeping our prices fair, friendly, and affordable so you can enjoy your time with us without stretching your budget.

Thanks again for choosing to spend your time here. We look forward to serving you!



## Weekly Bingo Games

**Monday, Wednesday,  
and Friday: 7:00pm**

LGCA 784-B1-49100

**Thursday: 1:00pm**

LGA 2028-BI-36592



## Meat Draws

**Tuesday 7:00pm  
Friday 6:15pm  
Saturday 3:00pm**

## Try Your Luck

Multiple Draws  
Tickets \$1.00 each

# ALL WELCOME

## WINNIPEG WEST Cribbage Tournament

*1st Tuesday of Every Month*

*1:00pm - 4:00pm*

*\$5.00 Per Person*

*Partner cribbage*

*Prizes and 50/50 Draw*



# SHEQUEL

Are You Ready  
To Party?!?!?

Date: **May 2<sup>nd</sup>**  
**8:00pm to 12:00am**

Location: **ANAF Unit 283**  
**3584 Portage Ave**  
**\$5.00 per person**

Find Shequel on Facebook, Instagram, MB Music Email: [shequelrocks@gmail.com](mailto:shequelrocks@gmail.com)





# MOTHER'S DAY BRUNCH

Why only celebrate Mother's Day on Sunday? Mom's should be celebrated every day. The Canteen Cafe wants you to join us on Saturday, May 9<sup>th</sup>, to enjoy an incredible top-class brunch. With all your favourites and more.

**Date: Saturday May 9th**

**Time: 11AM - 1PM**

**Location: 3584 Portage Ave, Winnipeg, MB,**

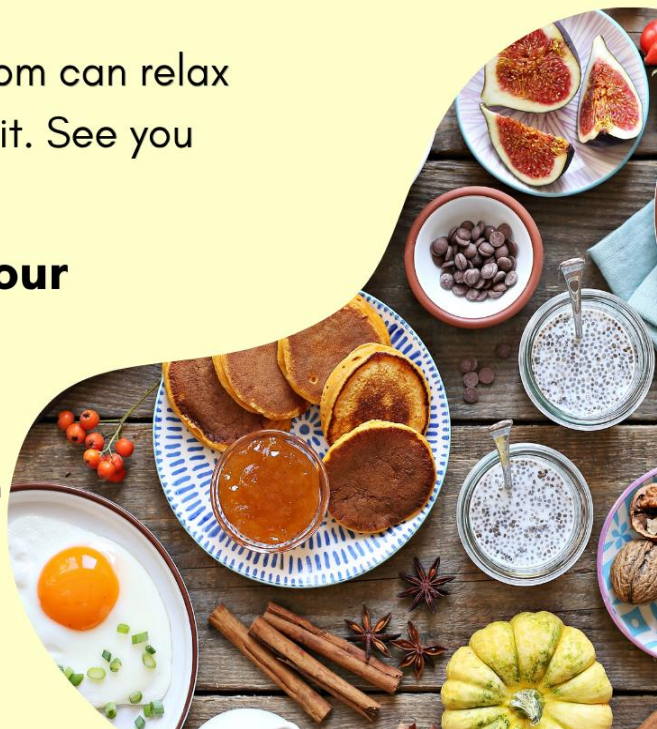
## **On the menu:**

Eggs, Pancakes, Bacon, Fruits, Sausage, Roast, Veggies, Pastries, Desserts, Punch, Coffee, And Tea, And More.

Join us on Saturday so Mom can relax on Sunday; she deserves it. See you there!

**Call To Reserve Your  
Table today  
204 962 0343**

**Cost \$35 plus GST Per Person  
See us for Veteran's and  
member pricing.**



# PIPE BAND

*Rob Gillespie & Colleen Morrison*

HAPPY ST. PATRICK'S DAY and may you be in heaven half an hour before the Devil knows you're dead!!

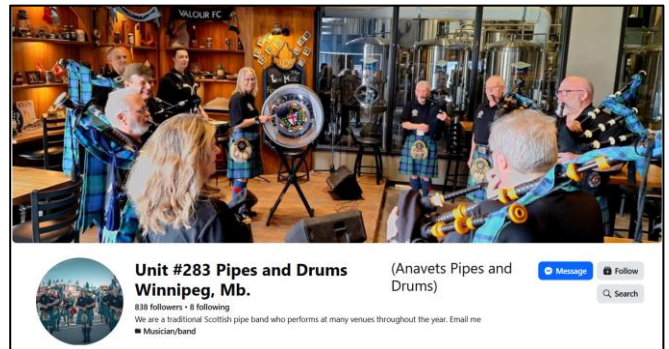
The Band has been getting ready for our St. Patrick's Day gig at The Thirsty Lion Pub since January, starting right after our Burn's Night evening. We began playing at The Thirsty Lion four years ago and we have been invited back ever since. They promote Anavets 283 in their program and, although initially, we were a little concerned about playing to such a young group of people, their raucous appreciation of our tunes allayed any fears we might have had. This year the crowd was as enthusiastic as ever and the complimentary treats from the Pub made it a wonderful playout.

Our next performance will be for Tartan Day in April at the Trans Canada Brewery. The actual Tartan Day is Monday April 6th, but we will be

playing on April 4th Saturday afternoon. So, if you are looking for some fun on the 4th come out and hear us play at the Brewery. Their pizza and beer are amazing!

The Red River Exhibition is likely the next playout we will be preparing for. As we do every year, we hope we won't get rained on.

Stay up to date on our playouts by following our Facebook page. #Unit283PipesandDrums



## PIPE BAND MEMBER FEATURE

*Colleen Morrison*

Colleen has been in the band since 2005. She took up bagpipes as an adult. Her dad, Donald Morrison, was the founder of this Pipe Band back in the early 90s.

Colleen is from Winnipeg. But left to pursue studies at the Royal Conservatory music in Toronto. She honed her vocal craft there and when she came back to Winnipeg, started her own music group. She works with many talented and well-known musicians. Recently hired for a wedding, she was asked to sing and play the bagpipes (though not at the same time)!

Colleen is a recreational therapist in a long-term care home. She resides with her family in Silver

Heights. She recently became a foster fail and has adopted a German shepherd dog from All Shepherd Rescue.

Colleen is a very proud member of ANAVETS #283 as a member and as a member of the pipe band.



# ENTERTAINMENT & SPECIAL EVENTS

*Sandra Blackmore*

Hello everyone, Hope you are all doing well!

I don't have much to report right now other than the fact that I am currently DANCING around England and Holland. 😊😊

See you around April 9th when I apparently will be returning to REALITY. 🎉🥳🎉

Miss you all, take care, See you soon. ❤️

## Upcoming Events

Karaoke With Wayne will be back for some more Karaoke Bingo on Saturday, April 11<sup>th</sup> from 7–11 p.m. Start practicing now and get those vocal cords in shape! Wayne will also be joining us on Wednesday, July 1<sup>st</sup> for Canada Day and Monday, August 3<sup>rd</sup> for the Civic Holiday, providing music for both celebrations. On August 3<sup>rd</sup> we will also be hosting a Family Day with lots of games and activities for all ages — a perfect day to bring everyone out and enjoy some summer fun. Don't miss this one! More details will be shared as we get closer.



**Special Event — Saturday May 2<sup>nd</sup>**  
On Saturday, May 2<sup>nd</sup> from 8:00pm to 12:00am, we are excited to welcome **SheQuel**, an all-women's band playing a variety of hits from the '80s, '90s, and 2000s (formerly known as SHE.) Admission is \$5.00 for everyone, including members.



## Special Event — Monday May 18<sup>th</sup>

Plan your Victoria Day (also known as Western Days) with us! The band Deputy will be rocking the house with a country flair. We are still in the planning stages, so more details will follow.

## Saturday May 30<sup>th</sup> — Highland Dance Performance

On Saturday, May 30<sup>th</sup> stick around after the meat draw and enjoy a performance by the Susan French School of Highland Dance. The dancers, ages 4–20, are fundraising for a trip to Scotland in 2028 and would greatly appreciate any and all donations. They will be entertaining us right after the meat draw — a wonderful chance to support young talent in our community.

## Special Event — Saturday June 13<sup>th</sup>

Get ready to turn back the clock! Fluff up those poodle skirts, dust off your saddle shoes, oil up those leather jackets, and de-lint those letter sweaters. Join us for some **RETRO FUN** at our 50's/60's Sock Hop! We will be kicking up our heels to the live band **CONTRABAND**. Admission is \$5.00 for everyone, including members. Wet your whistle at the bar and fill your belly with Canteen Café specials on hamburgers, hot dogs, chili dogs, fries, and onion rings — or order from the regular menu if you prefer.



## Mother's Day & Father's Day Brunch

- Mother's Day — Saturday, May 9<sup>th</sup>
- Father's Day — Saturday, June 20<sup>th</sup>

Join us for a delicious buffet brunch hosted by the Canteen Café. More details to come.

**"Raise a Glass to Good Times and Great Company."**

**See you at ANAF Unit 283**

Please drink responsibly



*Assiniboia Unit 283*  
*3584 Portage Ave*

*June 13, 2026*  
*7:00pm to 11:00pm*

*Tickets \$5.00*  
*Everyone Welcome*

*Dance the night away to live music by*  
**CONTRABAND**

Fluff up your poodle skirts, dust off your saddle-shoes, de-lint those letter sweaters, and shine up your leather jackets.

Get all dressed up and come out for some RETRO FUN!





# Hong Kong Veterans Commemorative Association (HKVCA)

## Carol Hadley, Prairie Region

In 2022 in the John Thompson Room of ANAVETS 283, the Hong Kong Veterans Commemorative Association dedicated a Plaque to the members of C Force, which was a Canadian military unit comprised of the Winnipeg Grenadiers, the Royal Rifles of Canada and a brigade support unit in recognition of their service from 1941 – 1945. At the dedication an Honour Roll was read of the men from this area who served with C Force, and here is a brief history of 2 of those men.

One of the soldiers from the St. Charles area was Myles Foster. He was born September 26, 1914, in Stratford, Ontario to William Leroy Foster and Evelyn Risby of St. Vital, MB. He came to Winnipeg as a small child and attended St. Charles school. When he enlisted, he was a grocery clerk, married to Bonnie Louise Foster on February 22, 1939, and they had one son, Thomas Russell Foster, born on February 12, 1940.

His full name is Samuel Russell Myles Foster. He served from 1934 to 1938 with the 10th Machine Gun Battalion, Canadian Machine Gun Corps - NPAM - as a sergeant. With the Winnipeg Grenadiers, he served in Manitoba, Jamaica with Y Force, Hong Kong with C Force. He had 828 days of service, including 59 overseas. He was in B Company of the Grenadiers and was killed December 20, 1941.

His name is on Column 25 of the Sai Wan Memorial in Hong Kong. To commemorate his

sacrifice, the Manitoba government named Foster Bay located on Blevins Lake in his honor in 1995. Commemorated on Page 30 of the Second World War Book of Remembrance.

Another member of C Force from St. Charles was Campbell Richard Maddess. He was born 1917-01-31 in St. Charles, Manitoba. At the time that Canada went to war, he was married to Louise Maddess, Buchanan St. N., St. Charles MB. with 3 children. He enlisted in the Winnipeg Grenadiers in B Company and went to Jamaica for 18 months as garrison duty. Upon their return they were sent to Hong Kong to support the British and other allies that were stationed there.

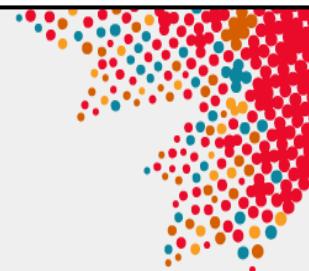
There is not a lot of information on Cam but from other documents we learned that his involvement with B Company tells us that he saw severe action on Mount Nicholson, Wanchi Gap and Mount Cameron. He sustained serious injuries to his face and a fractured humerus. Doctors apparently did a good job of fixing him up. He was interred in North Point and Samshuipo camps in Hong Kong until the end of the war.

He returned to his family in St. Charles, moved to Queen St in St. James and at some point (1953) the family moved to Burnaby; Coquitlam, British Columbia where he worked in an administrative occupation until he retired. He died 1985-06-21 in New Westminster, BC.

We will remember them.

## Statistics Canada is hiring across Canada for the 2026 Census!


**APPLY NOW:**  [census.gc.ca/jobs](https://census.gc.ca/jobs)



# Assiniboia Unit 283

Got a Talent? Share It With Us!

# WE NEED YOUR HELP



Do you have a knack for typing or reading financial statements? Are you crafty with decorations or handy with small repairs? Can you sell tickets, source donations, or simply love organizing?

Whatever your skills — we need **YOU!**

There are many ways to get involved and make a meaningful impact.

## We're always looking for enthusiastic volunteers to:

- Join a committee
- Lead a committee
- Serve on the executive team
- Support activities around the Unit

**Don't be shy many hands make light work!**

Stop by and let us know how you'd like to contribute.

**Together**, we can make a **BIG** difference!

Leave a note at the bar with your contact information



# UNIT 283 MEMBERSHIP BENEFITS

Your Community • Your Club • Your Place to Belong

## JOIN TODAY!

Assiniboia Unit 283  
3584 Portage Ave  
Winnipeg, MB R3K 0Z8

### Friendship & Community

Make new friends  
Enjoy real camaraderie  
Receive a warm welcome at other clubs  
Support a meaningful cause

### Activities & Involvement

Get involved - your way  
Join Sports Leagues  
Join the 55+ Retired Group  
Compete in Unit & Command Events

### Recognition

Long Service Pins  
Volunteer Awards  
No cover charge on Band Nights

### Member Privileges

Attend General Meetings  
Full voting rights  
Discounted room rental rates  
Run for Executive Council (Active & Affiliate)  
Connect with Veteran networks and resources  
Opens doors to other activities within the Unit

A safe, friendly environment with ample, well-lit parking.

Whether you're new or returning, there's a place for you here.

# Join Us Today



Incorporated in 1917  
and Extended by Acts of  
the Parliament of Canada

## Army, Navy and Air Force Veterans in Canada

### APPLICATION FOR MEMBERSHIP

*"Shoulder to Shoulder"*  
Service Since 1840

APPLICATION FOR:  
**ACTIVE** \_\_\_\_\_ or **ASSOCIATE** \_\_\_\_\_  
MEMBERSHIP

DOMINION HEADQUARTERS  
6 Beechwood Avenue, Suite 2  
OTTAWA, ONTARIO K1L 8B4

Unit \_\_\_\_\_ Unit No. \_\_\_\_\_ Date \_\_\_\_\_

#### To The Army, Navy & Air Force Veterans in Canada:

I hereby make application for membership, and agree if accepted, to abide by its Constitution, Rules and Bylaws and to the best of my ability will assist in the aims and objects of the Association, namely: 1) to serve, care and advocate for Veterans, serving military personnel, RCMP and their families ensuring they are accorded the full support of the Government of Canada through benefits and programs designed to assist them; 2) to promote Remembrance and to commemorate those who served and those who gave their life in service; 3) to promote patriotic pride in our citizens; 4) to respect our Units as places of support and camaraderie 5) serve our communities through programs in support of Veterans, seniors, the disabled and others; 6) supporting Canada's youth through the teaching of leadership, sportsmanship, and citizenship and promoting academic development through bursary and scholarship awards programs. I further promise that I will maintain true allegiance to His Majesty King Charles III his heirs and successors.

PLEASE PRINT

Rank and/or Full Name \_\_\_\_\_ DOB: \_\_\_\_\_ Tel. No. \_\_\_\_\_

Address: \_\_\_\_\_ City \_\_\_\_\_ Province \_\_\_\_\_

Email: \_\_\_\_\_ Postal Code \_\_\_\_\_

Occupation \_\_\_\_\_ Emergency Contact \_\_\_\_\_ Contact Tel. No. \_\_\_\_\_

*For Active Members*

Date of Enrollment \_\_\_\_\_ Date of Release \_\_\_\_\_ Service # \_\_\_\_\_

Regiment, Ship, Wing or Unit \_\_\_\_\_ Countries (Where Served) \_\_\_\_\_

Medals/Decorations \_\_\_\_\_

Have you ever been suspended/expelled from any Veterans Association? \_\_\_\_\_ If yes, give details on back of this page.

Have you ever been a member of ANAVETS before? \_\_\_\_\_ If yes, where? \_\_\_\_\_

**I solemnly declare the above to be true.**

Signature of Applicant X \_\_\_\_\_

Proposer \_\_\_\_\_ Seconder \_\_\_\_\_

#### CERTIFICATE OF EXAMINING COMMITTEE

We the undersigned, having duly examined this application as well as the discharge certificate or other supporting documents declare that the information contained therein qualify the applicant for Membership in the Association.

Chairman \_\_\_\_\_ Member \_\_\_\_\_ Member \_\_\_\_\_

Date Examined \_\_\_\_\_ Date Approved \_\_\_\_\_ Date Initiated \_\_\_\_\_

# GAME DAY BUCKETS

Join us in celebrating the Winnipeg Blue Bombers and Winnipeg Jets at every home and away game with our beer promotion! Get (4) cans of beer in a bucket of ice.

Check out our posting board for the kinds of beer you can order

**Bring your friends and cheer on your favorite teams as they score points and win games!**



## HOSPITAL AND CARE FACILITIES

### Golden West Centenial

Mary Pryma

### Oakview Place

Bill Muir

### Poseidon Place

Brian Smith

### Health Sciences Centre

Larry Lenchuck *Privacy*

### Simkin Centre

Robert & Elizabeth Wolanski

### Home



## DID YOU RECEIVE YOUR NEWSLETTER?

### Monthly Newsletter Notice

Our newsletters are sent out via email at the beginning of each month. With over 600 emails distributed monthly, there may occasionally be a few that don't reach their destination or are returned as undeliverable.

If you haven't received your copy within the first week of the month, or if you would like to be added to or removed from our mailing list, please contact us at:

[assiniboiaunit283@outlook.com](mailto:assiniboiaunit283@outlook.com)



## Check Your



# *In Remembrance*



*They shall grow not old, as we that are left grow old, Age shall not weary them,  
nor the years condemn, At the going down of the sun, and in the morning*

*WE WILL REMEMBER THEM*

Silver Heights



# FOODFARE

2285 Portage Avenue, Winnipeg, Manitoba R3J 0L9

Your Supplier of Meat for Unit 283

Friday & Saturday Meat Draws

We would like to serve YOU



Meat Department  
(204) 885-2387



Grocery Department  
Ph: (204) 885-2381  
Fax: (204) 831-9787

**— WE DELIVER —**

**Silver Heights' Foodfare** has been part of our team to offer quality meats to our Unit Meat Draw events for many years. We hope you will drop by their store and patronize this community serving store.